

DO NOT!

- **NO tanning beds for at least 24 hours.**
When you get waxed it exfoliates the area. This removes all the dead skin that provides a layer of protection from sunburn. You need to give your skin at least 24 hours (48 hours if possible) to regenerate its protection.
- **NO hot shower or bath for at least 12 hours.**
Directly after waxing your hair follicle is left open. This makes it susceptible hot water entering the open hair follicle during a shower or bath. This will irritate the area and create discomfort. Once your follicles close you can return to your normal bathing routine.
- **DO NOT touch the waxed area for at least 6 hours.**
Directly after waxing your hair follicle is left open. This makes it susceptible to infection from touch. Fingernails are the biggest carrier of germs. If germs get into your open hair follicle it can cause irritation and in extreme cases infection. Give the hair follicle at least 6 hours to close.
- **DO NOT have intimate contact in the waxed area for at least 6 hours.**
This can be a judgment call by you but the rubbing and perspiration can cause irritation. This will be more of an issue after your first Brazilian wax. If you get waxed on a regular basis irritation will be less likely.
- **NO super tight clothing for 12 hours.**
This can be a judgment call by you but the rubbing of super tight clothing can cause irritation. If this happens wear looser clothing until the irritation subsides.
- **NO heavy exercising for at least 24 hours.**
Rubbing and perspiration can cause irritation. If you exercise, perspiration will enter the open hair follicle and irritate the area. Give it a day or so before resuming your exercise routine.

Can I call for a last minute appointment?

Yes, We often have last minute appointments available but you may not get the day and time that is most convenient for you. If you contact us 1 to 2 weeks ahead of time you will be more likely to get the time and day most convenient for you.



If you have any questions, feel free to email us or call!

**(570)
739-1434**

www.Waxing1.com

Professional Skin
“Brazilian Wax Experts”

5 Plum Creek Road
Schuylkill Haven, PA 17972
(570) 739-1434

***First
Brazilian***

**Important
information
regarding your
1st Brazilian wax!**

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How long will my Brazilian wax last?

Your Brazilian wax should last between 2 to 3 weeks before you see any hair growth. You will probably see hair growth a little sooner after your 1st Brazilian due to the hair growth cycles. After you get waxed a few times you will notice the hair takes longer to re-grow. This is due to the fact that you have hair growing in many different growth cycles before you get waxed. These cycles change when you get waxed and allow for longer time periods between waxings.

How long will it take for the redness to go away?

The redness after a Brazilian wax should go away in a few hours. This is all based on your skin type. Customers with sensitive skin will stay red longer than customers without sensitive skin. If the waxed area is irritated make sure you re-read and listen to the "DO NOT" section on the flip side of this pamphlet.

Should I shave in-between appointments?

NO. When you shave you cause the hair to grow thicker and can cause ingrown hairs. Waxing changes the structure of the hair and causes the hair to grow back softer and finer. Regular waxing and proper maintenance ensures soft skin, fine hair and less ingrowns.

When should I come back for my next appointment?

To properly maintain your Brazilian wax, appointments are recommended between 4 to 5 weeks.

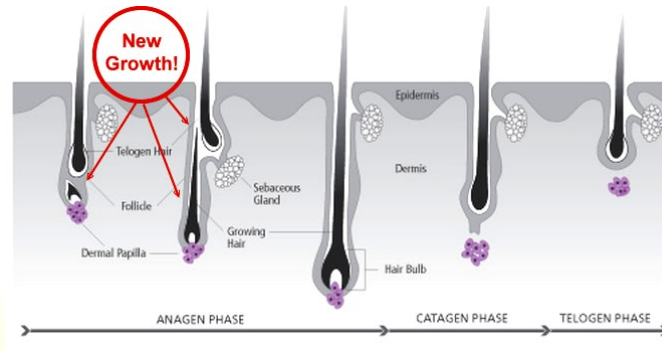
If you are using the permanent reduction system (Depilar) your appointments should be spaced 5 to 6 weeks apart. This is so we can properly time the growth cycles.

Will my 2nd Brazilian be easier than my first?

Yes, you will notice considerably less hair the second time. It also grows back weaker and finer. This combination creates a much easier waxing experience. It will also last longer due to the hair growth cycles changing.

I feel little tiny hairs after my waxing. What is that?

All the hair above the skin was removed and very little if any of that hair was broken during your waxing. The hair is also checked when removed to see if the root was removed as well. The first 2 illustrations show the hair in the ANAGEN (growth) phase. That is hair right below the skin getting ready to come up. If you feel any hair above the skin, this is what you are feeling. This new hair growth will be very fine and not stubbly at all. This was not able to be removed because it was NOT above the skin yet. This will minimize and be eliminated after additional waxings.



Maintenance

- Do not shower right away even though you may feel a little sticky. Wait at least 6 to 8 hours. This will allow for your hair follicles to completely close.
- Exfoliate each day when you shower. Use a good quality exfoliating soap and use your hand. Exfoliate the **ENTIRE Brazilian area** from front to back! **DO NOT** use a Loofah sponge. These hold bacteria and will cause infection. Exfoliating is the best way to maintain your Brazilian wax.
- **Do not use a bar soap.** When bar soap dries it can clog your pores and cause ingrown hairs. Use a good quality liquid soap. They tend to clog the pores less.
- **DO NOT** shave in-between waxing appointments unless extremely necessary. Shaving does not actually cause the hair to grow back thicker. It does although cause the hair to feel and look thicker. Here is why. Then you wax your hair it grows back fine and tapered. This makes it feel and look softer and finer. When you shave you have a blunt, thick shaft of hair making it feel stubbly, thicker and stiffer. Waxing also reduces the amount of hair that re-grows resulting in much less hair in the bikini area.

Ingrown Hairs

Ingrown hairs unfortunately are a consequence of shaving and waxing. In most cases waxing will cause LESS ingrown hairs than shaving. If you encounter ingrown hairs, follow the steps below.

- Exfoliate regularly when you shower using a good quality exfoliating soap and **DO NOT** use a Loofah sponge.
- If exfoliating does not help we have 2 products available at the salon that will help.

- **Prince Reigns** is designed to soften and straighten the hair. This is great for mild ingrown hair problems. Prince Reigns is also great for other body parts that you shave (legs, underarms and even men's face)



- **PFB Vanish** is a more aggressive treatment for ingrown hairs. This is designed for a more intense case of ingrown hairs. This product deeply exfoliates the area causing new skin to form and pushes out the ingrown hairs.



- If none of the above treatments work we recommend the Depilar system. Depilar is a permanent hair reduction treatment that reduces the hair by about 8% to 10% each time. When the hair goes away, so will the ingrown.



Ask for more information regarding this revolutionary product!

DEPILAR!

Professional Skin

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